



22nd ANNUAL



Polar Bear Metric Century

100K(62 MILES) OR 50K (31 MILES) RIDE OPTIONS

SATURDAY JANUARY 11th 2020

REGISTRATION AT 8:30AM
RIDE START AT 10:00AM

SUPPORT:

SAG VEHICLES WILL CRUISE THE COURSE TO SUPPORT ALL RIDERS AND TRANSPORT WEARY RIDERS BACK TO THE STARTING POINT. ON-SITE/ON-ROAD SUPPORT PROVIDED THE CYCLE PATH

REST STOPS:

FOOD AND LIQUIDS WILL BE PROVIDED

SAFETY!:

ANSI OR SNELL APPROVED HELMETS ARE REQUIRED FOR ALL RIDERS. FOR EVERYONE'S SAFETY, RIDERS ON THE COURSE AFTER 3 PM WILL BE OFFERED SAG TO THE FINISH.

\$30 PRE-REGISTRATION

(MINORS RIDE FREE WITH PARENT OR ADULT CHAPERONE)

\$35 Jan 8th-11th

FREE Door Prizes!



START LOCATION

IR Ingersoll Rand
800 Beaty Street
Davidson, NC
 All riders will begin and end at Ingersoll Rand

DIRECTIONS:
 From Charlotte take I-77 North to exit 30 make right on Griffith Street and go .4 mile and take left on Beaty St. go .6 mile and take left into Ingersoll Rand.

POST RIDE FOOD AND BEER!!

JOIN US FOR SOUPS/SANDWICHES

REGISTER ONLINE @

RACEROSTER.COM

OR FROM THE LINK @

WWW.ROCKYRIVERROADCLUB.ORG



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